**PSHE (Personal, Social, Health and Economic Education)**

**Whole school coverage**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS | What is great about you? | What does being kind look like? | How are we the same and different? | What might you do in the future? | How can we show our feelings? | How can we keep healthy? |
| Y1 | What is the same and different about us? | Who is special to us? | How can we look after each other and the world? | How do we recognise our feelings? | What does healthy mean? | Who helps to keep us safe? |
| Y2 | What helps us to stay safe? | What is bullying? | What makes a good friend? | What can help us grow and stay healthy? | How can we communicate our feelings? | What jobs do people do? |
| Y3 | How can we be good friends? | Why should we make healthy choices? | What makes a community? | Health:  How can we manage our feelings? | What are families like? | How can we stay safe? |
| Y4 | How do we treat each other with respect? | How can we manage risk in different places? | How can we develop healthy minds? | How can we take care of our physical health? | What strengths, skills and interests do we have? | How can our choices make a difference to others and the environment? |
| Y5 | How can friends communicate safely? | What makes up a person’s identity? | How can we help in an accident or emergency? | How can drugs common to everyday life affect health? | What are our rights and responsibilities? | What decisions can people make with money? |
| Y6 | How can we keep healthy as we grow? | How can the media influence people? | How can we make good decisions? | What do I want for my future? | How do friendships change as we grow? | What will change as we become more independent? |

PSHE strands: Physical Health Mental Wellbeing Safety Relationships Wider World