



St. Francis Church of England Primary School

School Contact Details:

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School Newsletter

School Vision: As a church school, we aspire to live life in all its fullness; Loving Faith. Loving People. Loving Learning. - following the footsteps of Jesus.

'I have come to give you life in all its fullness.' John 10:10

School Values: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Date: 06.02.23

Collective Worship - This week...

Today is the start of the national Children's Mental Health Week so we have taken time to explore what Mental Health is and how we can promote positive Mental Health. The theme this year is 'Let's connect.' We explored how many connections we have with others and how we can connect with one another. We looked at the Bible verse, shown below in the image, to explore how Christians may use words from scripture to rest in and be held by God in all times, especially the hard times.



Talk to your child(ren) about...

What does 'Mental Health' mean? What is it? Why is it important to look after our Mental Health?

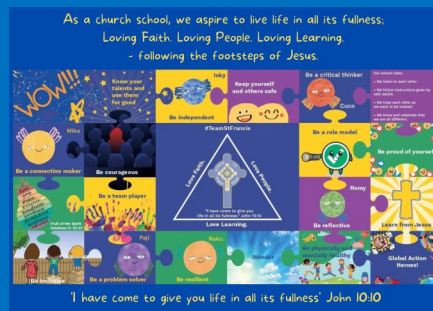
It's Time To Talk.

How can we look after our Mental Health during each day and week?

What could you do if you think you are struggling with your Mental Health?

Is there anyone you would like to think about or pray about?

How can you live a fulfilling life this week?



Picture News: (<https://www.stfranciscep.co.uk/page/picture-news-at-home/84388>)



Democracy

If we do not agree with something or do not think it is fair, we can use our voices to make changes. Wales' national men and women's football teams will now receive equal pay.

Upcoming Dates

Friday 10th February after school - PTA Krispy Kreme Doughnut Sale

For more dates, please go to: <https://www.stfranciscep.co.uk/page/parentcarer-partnership/128152>

Children's Mental Health Week

As it says above, this week sees the start of Children's Mental Health Week. Attached to the School Spider with this newsletter is a number of other documents

- 1) 5 Cs of healthy minds— use this with your children to discuss whether their mind is healthy
- 2) Things we can do for good mental health—use this with your children to discuss how you can promote good mental health
- 3) A poster from the Primary Mental Health Team offering virtual meetings based around different topics
- 4) A poster including Parent/Carer tips

For children aged 10 and over, there is a service called Kooth that they can access online. It is a safe and moderated platform. Find more information on our website at <https://www.stfranciscep.co.uk/page/mental-health-and-wellbeing-support/97101>.

You can also visit www.childrensmentalhealthweek.org.uk for more information.

If you think your child is struggling with their mental health, please contact us and we can help signpost you to resources or make appropriate referrals for support.

Year 5 Sing Together

Please remember to book your ticket for 9th March!

World Book Day 2023—Thursday 2nd March

CALLING ALL PARENTS/CARERS - we want to ensure that our children see reading as a vital skill, which unlocks the world to them. We know that reading is VITAL to children's development and we would love to show as many parents/carers enjoying reading.

So...could you spare some time to record yourself reading an appropriate book / chapter or extract that could be shared in your child's class or a different class? OR could you come into school and read to a class of your choice on Thursday 2nd March? Please speak to me on the gate if this is something you could do. Let's ensure we show our children how important reading is and we would love your involvement!

We are possibly thinking about a book swap and lunch in school for parents/carers on this day too— more information to follow.

Our school rules:

- We listen to each other.
- We follow instructions given by safe adults.
- We treat each other as we want to be treated.
- We know and celebrate that we are all different.



PTA FUNDRAISER

Preorder on ParentPay by Fri 3rd February

12 for £10
6 for £5
4 for £4
2 for £2

ORIGINAL GLAZED

Collection after school Fri 10th February (last day before half term)

Single glazed doughnuts also available to buy for £1 each after school (cash only)

Unfortunately, there are no refunds for uncollected orders

PLEASE NOTE THESE DOUGHNUTS ARE NOT SUITABLE FOR ANYONE WITH THE FOLLOWING ALLERGIES: WHEAT, EGGS & MILK

Suitable for Vegetarian & Halal