

What should I already know?

- The past has already happened.
- I have learned about nurses as people who help us.
- I know that there are similarities and differences between times in history and people.

Florence Nightingale statue in London.



The lady with the lamp.



What will I find out by the end of the unit?

Mary Seacole



- Mary was born in Jamaica.
- When she was 12, she helped her mother run a boarding house in Kingston for sick and injured soldiers.
- Wanted to help during the Crimean War.
- In 1866 she set off to the Crimea on a ship stocked with medical supplies.
- She opened a "British Hotel" near to the battlefields. It was a place where soldiers could rest and buy hot food, drinks and equipment.
- Mary used the money spent there to help treat and care for sick and wounded soldiers.
- She received a number of medals for her bravery from governments in different countries.

Florence Nightingale



- She was born in 1820 in Italy.
- She believed that God wanted her to spend her life looking after people so she became a nurse.
- When the Crimean War started Florence went to look after the soldiers who had been hurt.
- The soldiers called her 'The lady with the lamp' because she walked around the wards at night with a lantern.
- Florence spent her life trying to make hospitals better places for everybody.
- She was awarded the Royal Red Cross by Queen Victoria in 1883.

Vocabulary

monarch	A person who reigns over a kingdom or empire.
Scutari	When they arrived, the nurses found the army hospital in Scutari in a terrible state. It was overcrowded and filthy, with blocked drains, broken toilets and rats running everywhere. Disease spread quickly.
disease	A condition that causes harm to the health of a person, animal, or plant.
infection	An illness caused by spreading germs.
Crimean War	The war where Mary Seacole and Florence Nightingale served as nurses.
patient	A person who is ill in hospital.
hygiene	Activities which help to maintain good health especially through cleanliness.
health	Health is defined as keeping your body working at its best.
exercise	An activity requiring physical effort, carried out to sustain or improve health and fitness.
monarch	A person who reigns over a kingdom or empire.

