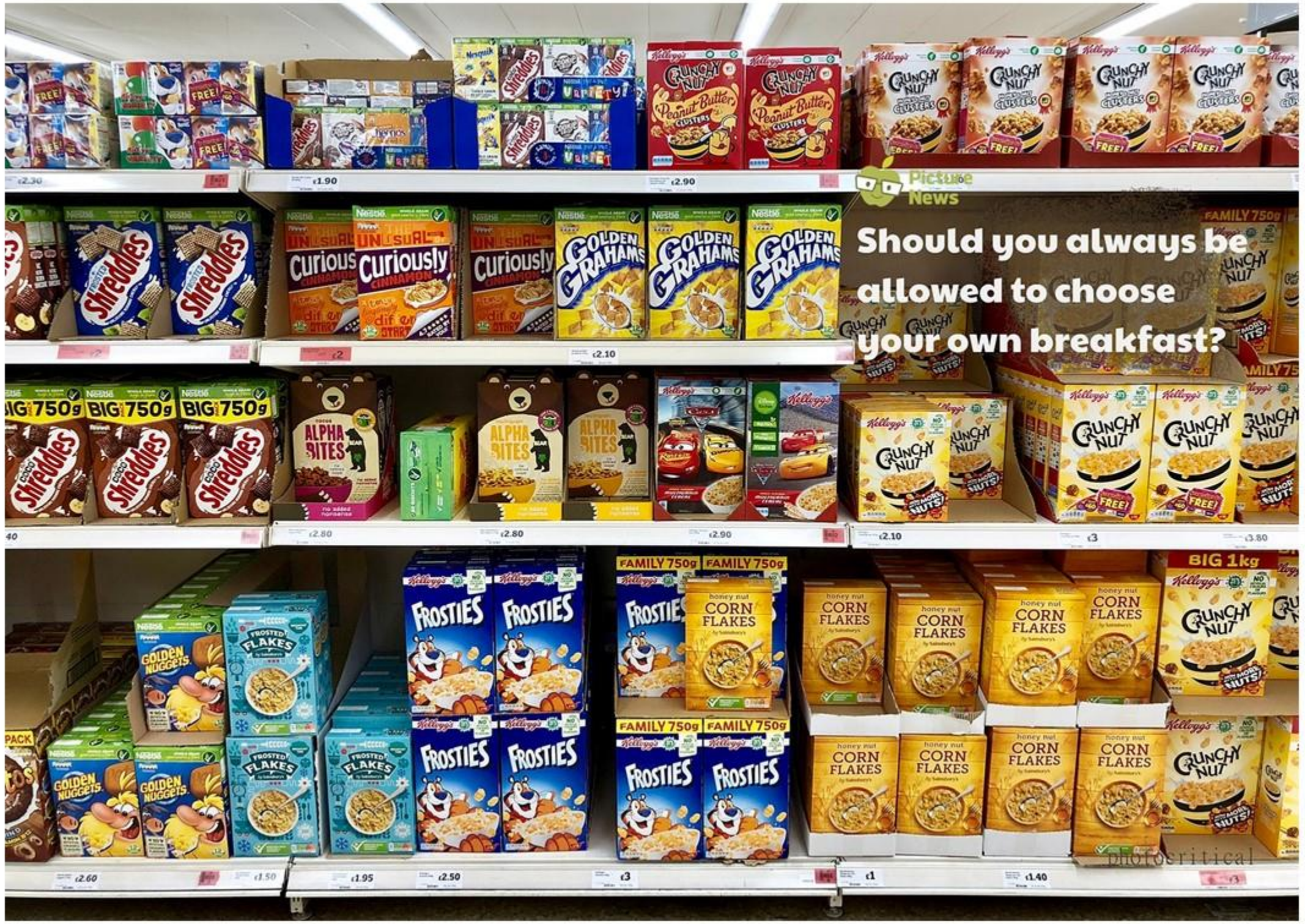


What's happening in the news this week?



Let's have a look at this week's poster!

16th - 22nd May 2022



Should you always be allowed to choose your own breakfast?

photocritical

Let's look at this week's story



Cereal company, Kellogg's, is taking the UK government to court over new rules that would stop some of its cereals being put at the forefront of supermarket shelves, as they have high amounts of sugar. It is challenging rules that are set to come into effect in England in October and would restrict the promotion of food and drink that is high in fat, salt and sugar. Kellogg's has said the new rules don't take into account the nutritional value of milk, which is usually added to the product.

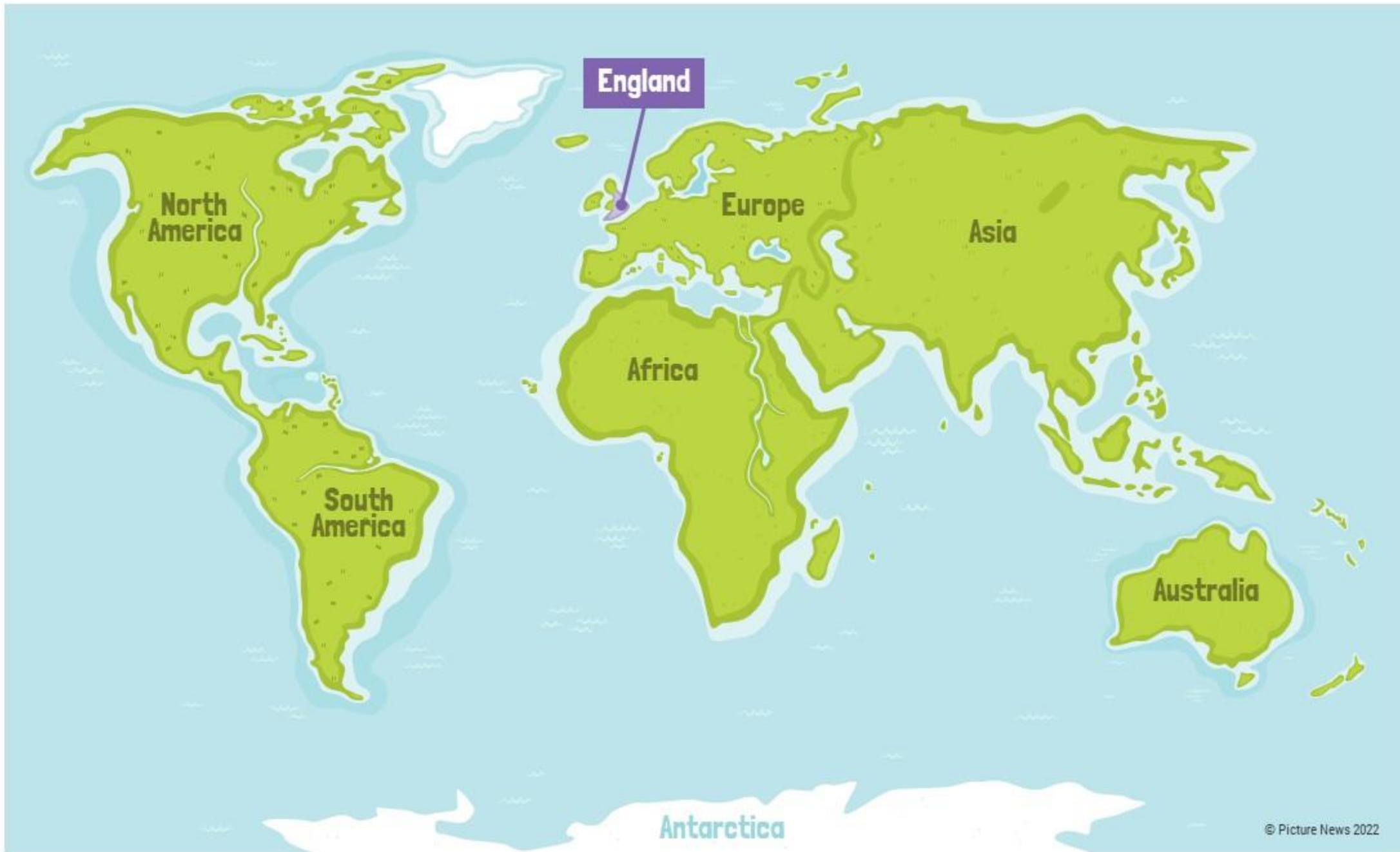
The government's new rules, which follow other restrictions previously put in place, aim to encourage people to make healthier food choices.



Learn more about this week's story [here](#).
Watch this week's useful video [here](#).
This week's Virtual Assembly [here](#).



This week's story looks at events in ...



How does it make me feel?



sad	angry	happy	confused	excited	worried	shocked	afraid
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified



Read through the information below on why some cereals are being moved on shop shelves and why Kellogg's aren't happy about it.

Why are some cereals moving places in our supermarkets?

New government rules, expected to come into place in October, aim to restrict the promotion of food and drink high in fat, salt, and sugar, and to encourage people to make healthier food choices.

They will prevent certain foods from being sold in highly visible locations in stores like checkouts, shop entrances and the end of aisles. This decision means that many of Kellogg's most popular cereals, including Crunchy Nut Cornflakes and Fruit and Fibre, will no longer be placed in prominent positions on shelves.

Why are Kellogg's challenging the rules?

Kellogg's believes that the calculation used by the government to work out how much sugar is in its products is incorrect, as it only applies to cereals in their dry form. Due to the fact that they are eaten with milk or yoghurt in 92% of cases, according to an independent study, this affects the overall nutritional value of the popular breakfast food.

Breakfast cereals contribute 7% - a significant amount - to the average daily free sugar intakes of children. Restricting the promotion and advertising of less healthy foods is an important part of the cross-government strategy to prevent harmful diseases and improve healthy life expectancy.

A spokesperson from the Department of Health and Social Care.

We believe the formula being used by the government to measure the nutritional value of breakfast cereals is wrong and not implemented legally. It measures cereals dry when they are almost always eaten with milk.

Chris Silcock, UK managing director, Kellogg's



Share your thoughts on the decision to put cereals with less sugar in prominent positions and if you think milk should be included in the calculations.



Look at the resource below, which shares an example of some of the different types of food we eat.

Starchy foods such as bread, pasta, potatoes and rice



Proteins like fish, meat, beans, eggs



Fruit and vegetables



Milk and dairy foods



Food and drink high in sugar and/or fat



Do you have a favourite type of food? Which type of food do you think you eat the most/least of? Does everyone enjoy the same foods?



Look at the resource below, which shares some of the different breakfasts enjoyed by people living around the world.



Xoi

One breakfast eaten in Vietnam is called xoi. It is a sticky rice and egg dish.



Ful Medames

Ful medames is a popular Egyptian breakfast. It's made from cooked fava beans, parsley, and olive oil, topped with tomatoes and onions.



Pão Francês

A common breakfast item in Brazil is pão francês (French bread).



Hagelslag

Some people in the Netherlands enjoy toast smothered with butter and hagelslag, which are chocolate sprinkles.



Tsukemono, nori and natto

A traditional breakfast in Japan consists of steamed rice, miso soup, grilled fish and various side dishes such as tsukemono (Japanese pickles), nori (dried seasoned seaweed) and natto (fermented soybeans).



Chilaquiles

A classic Mexican breakfast is chilaquiles, or tortilla chips, in either a red or green sauce and topped with chicken or egg, onion and cheese.

Have you ever tried any of these breakfasts before? Would you like to?

Reflection



Breakfast is considered by many to be the most significant meal of the day. As we get older, it's likely we will have more choice over the foods we eat and when we eat them. It's important to think about what we eat; that it will give us energy and nutrients for the day ahead!





**British
Values**



Rule of law

Rules and laws are put in place to protect us. The government's new rules, that restrict the promotion of food and drink that is high in fat, salt and sugar, aim to encourage people to make healthier food choices.





UN Rights of a Child



Governments must make sure that children survive and develop in the best possible way. Rules that encourage people to make healthy food choices is one way they can do this.



Useful vocabulary



Forefront

The most noticeable or important position.

Cereal company, Kellogg's, is taking the UK government to court over new rules that would stop some of its cereals being put at the **forefront** of supermarket shelves.

Nutrients

Substances that provide nourishment needed for life and growth.

It's important to think about what we eat; that it will give us energy and **nutrients** for the day ahead!

Promotion

Activities to advertise something to increase sales or public awareness.

It is challenging rules that are set to come into effect in England in October and would restrict the **promotion** of food and drink that is high in fat, salt and sugar.

Restrictions

Official rules that limit what you can do.

The government's new rules, which follow other **restrictions** previously put in place, aim to encourage people to make healthier food choices.

Significant

Sufficiently great or important.

Breakfast is considered by many to be the most **significant** meal of the day.

Typical

To be expected.

Share your **typical** breakfast.

Can you use them in your writing this week?

Fold out shelters for stray dogs

On the streets of Thailand, millions of stray dogs are born every year, and there simply aren't enough homes to go around. To help the street dogs, a clever design student and dog lover, Ajarn Yossaphon Chanthongjeen, has created a way to recycle billboards (that are no longer being used and would otherwise end up in landfill) into collapsible, low-cost shelters for the homeless canines. The fold out animal shelters were created during Ajarn's doctorate program and the twenty shelters that have been built so far have been a huge success. The company he works with to make the shelters, Allot, has been sharing photos of the designs on social media to raise awareness. The shelters, which can be folded away so they don't take up any room when they aren't in use, act as a little tent to protect the animals from the weather.



Picture: Stray dogs using the shelters.
Source: Stand for Stray's Facebook page.



Picture: Crew-4 astronauts, Jessica Watkins, Kjell Lindgren, Bob Hines and Samantha Cristoforetti.
Source: @SpaceX Twitter page.

SpaceX Crew-4 astronaut launch

A SpaceX Falcon 9 rocket, carrying the company's Crew Dragon spacecraft, launched four more astronauts into orbit on the capsule 'Freedom'. NASA astronauts, Jessica Watkins, Kjell Lindgren, Bob Hines and European Space Agency astronaut, Samantha Cristoforetti, form Crew-4 and have launched off from Launch Complex 39A at NASA's Kennedy Space Centre in Florida to travel to the International Space Station (ISS). The team plan to stay at the ISS laboratory for six months

to conduct scientific research (working on over 200 experiments!), perform station maintenance, and undergo training while orbiting the Earth. Mission Specialist, Jessica Watkins, made history as the first Black woman to travel for an extended mission at the International Space Station. "I think it really is just a tribute to the legacy of the Black women astronauts that have come before me, as well as to the exciting future ahead," Watkins said just before her mission.

Friendly flying camera!

Snap, a company who are best known for the multimedia instant messaging app, Snapchat, has launched a new piece of hardware - a flying camera! The flying selfie drone, called Pixy, was described as a 'free-flying sidekick that's a fit for adventures big and small.' The company introduced the new, brightly coloured gadget on their Twitter page, saying, "Meet Pixy. Your friendly flying camera. Pixy brings magic to every moment; all you have

to do is let it fly!" Pixy does not require a controller or any set-up, has four pre-set flight paths, and can float, orbit and follow you with a tap of a button. The gadget will snap selfies until you decide you have enough footage. A full battery will provide users with up to eight flights ranging from 10 to 20 seconds, then you can simply place your hand out, and Pixy will land in your palm. The little yellow drone is available to buy in France and the USA.



Pictured: Pixy, flying camera from Snap. **Source:** @snappixy Twitter page.

Last week's topic:

Should we have the right to say whatever we choose?



Yes, because our world should be a fair place so we should all have the same chances as each other.

Benedict - age 10


You shouldn't always say whatever you want because sometimes you could say bad words and it could upset other people around you.

Erin - age 9

I think that some people shouldn't because they could spread lies around the whole world.

Christopher - age 10

Let us know what you think about this week's news?

 www.picture-news.co.uk/discuss

 help@picture-news.co.uk

 @HelpPicture

 Picture News Ltd,
Colber Lane,
Bishop Thornton,
Harrogate,
North Yorkshire, HG3 3JR

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



TAKEHOME



Should you always be allowed to choose your own breakfast?



In the news this week

Cereal company, Kellogg's, is taking the UK government to court over new rules that would stop some of its cereals being put at the forefront of supermarket shelves, as they have high amounts of sugar. It is challenging rules that are set to come into effect in England in October and would restrict the promotion of food and drink that is high in fat, salt and sugar. Kellogg's has said the new rules don't take into account the nutritional value of milk, which is usually added to the product. The government's new rules, which follow other restrictions previously put in place, aim to encourage people to make healthier food choices.

Things to talk about at home ...

- Share some of the things you eat for breakfast. Do you often have cereal? Do you have it with milk? How about others in your home?
- Do you always choose your own breakfast? Share some of your favourite choices and why you choose the things you do.

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss

