

# What's happening in the news this week?



Let's have a look at this week's poster!

6th - 12th June 2022



**Can anyone be a  
hero?**

# Let's look at this week's story



Wales' Chief nursing officer, Sue Tranka, has said that depicting nurses as superheroes has placed added pressure on already exhausted workers. She added that the NHS faced an unsustainable staffing gap. There are more than 1,700 nursing vacancies in Wales, according to the Royal College of Nurses. Ms Tranka has said that unrealistic expectations on staff following the pandemic was not helping as, at the start of the pandemic, images of doctors and nurses as superheroes appeared everywhere.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Assembly [here](#).



# This week's story looks at events related to ...



# How does it make me feel?



| <b>sad</b>  | <b>angry</b>  | <b>happy</b>   | <b>confused</b>   | <b>excited</b>  | <b>worried</b>  | <b>shocked</b>   | <b>afraid</b>   |
|---|---|--|---|---|---|--|---|
| despondent<br>disconsolate<br>dismal<br>doleful<br>downhearted<br>forlorn<br>gloomy<br>melancholic<br>miserable<br>woeful<br>wretched | aggrieved<br>annoyed<br>discontented<br>disgruntled<br>distressed<br>exasperated<br>frustrated<br>indignant<br>offended<br>outraged<br>resentful<br>vexed | beaming<br>buoyant<br>cheery<br>contented<br>delighted<br>enraptured<br>gleeful<br>glowing<br>joyful | addled<br>baffled<br>bemused<br>bewildered<br>disorientated<br>indistinct<br>muddled<br>mystified<br>perplexed<br>puzzled | animated<br>elevated<br>enlivened<br>enthusiastic<br>exhilarated<br>exuberant<br>thrilled | agitated<br>anxious<br>apprehensive<br>concerned<br>disquieted<br>distraught<br>distressed<br>disturbed<br>fretful<br>perturbed<br>troubled<br>uneasy | astonished<br>astounded<br>disconcerted<br>distressed<br>dumbfounded<br>horrified<br>staggered<br>startled<br>stunned<br>surprised | alarmed<br>apprehensive<br>daunted<br>fearful<br>frantic<br>horrified<br>petrified<br>terrified |



Read through the information below.  
What is a hero to you?

## What is the definition of a hero?

One dictionary definition of a hero is, "a person of distinguished courage or ability, admired for his or her brave deeds and noble qualities." Heroes come in many forms in life, ranging from one's family and friends to athletes to movie stars. A person's heroes can change over time.

**"A hero is someone who has given his or her life to something bigger than oneself."**

American writer,  
Joseph Campbell



**Who are some of your heroes?**

## How did the NHS superheroes idea originate?



Starting in April 2020, lots of people chose to display rainbows to show their support for NHS heroes during the pandemic as part of the 'Thanks a million NHS' campaign. Other initiatives included 'Clap for Carers' which was a social movement created as a gesture of thanks for NHS and health workers. Each Thursday at 8pm, people would stand outside their homes and clap in thanks of our healthcare workers.



**Pictured:** In 2020, One family with their rainbow painted fence and the NHS logo with the Superman 'S', used by many newspapers and magazines.

**Do we all have the same heroes?**



Look at the resource below, which shares some of the ways people might affect our lives and make them better.

Somebody who gives up their spare time to volunteer in a charity shop. They sort through clothes and toys and sell them to earn vital funds for the charity, which can then help others.

Somebody who spends time organising events and activities for you to attend in your local area such as fairs, outdoor concerts, book swaps, parties, clubs.



**Pictured:** people litter picking in their local area to help keep it clean and tidy.

Someone who spends a few hours each week tidying their local area and picking up litter.

A person who has a job where they help people such as a nurse, firefighter, shopkeeper, teacher.

Someone who always spots when others are hurt or feeling sad and checks they are okay. They always show kindness and care to others.



**Pictured:** volunteers sorting through food, water, blankets and other items to help those who need it.


**Do you agree that these people are all heroes? Can you think of any other unsung heroes?**

Resource  
**two**



Look at the resource below, which do you think describe a fictional hero and which describe a real-life hero? Can any be used to describe both?

Shows kindness.



Has a secret identity.

Always has a powerful enemy or villain to conquer.


Puts other people before themselves.

**FICTIONAL HEROES**

Has a costume.


**REAL-LIFE HEROES**

Is courageous.



Has a Superpower.

Stands for good and what is the right thing to do.



Makes the world a better place.

Saves people.

**What similarities and differences do real-life and fictional heroes have?  
Does everyone agree?**



# Reflection



Real-life heroes are all around us! We all have our own versions of what a hero is to us. To many, a hero is someone who affects or changes the lives of others for the better.





**British  
Values**



## **Mutual Respect**

Our behaviour, actions and words affect others. We all have the power to change people's lives for the better. We can all be heroes!





# UN Rights of a Child



We all have the right to be alive and survive and develop in the best way possible. There are many people who can help us do this, including those who work for the NHS.



# Useful vocabulary



## Depicting

Showing or representing someone in a work of art such as a drawing or painting.

Sue Tranka, has said that **depicting** nurses as superheroes has placed added pressure on already exhausted workers.

## Exhausted

Extremely tired.

Sue Tranka, has said that depicting nurses as superheroes has placed added pressure on already **exhausted** workers.

## Expectations

A belief that someone will or should achieve something.

She has said that unrealistic **expectations** on staff following the pandemic was not helping.

## Unrealistic

Having a wrong idea of what is likely to happen or of what can be done.

She has said that **unrealistic** expectations on staff following the pandemic was not helping.

## Unsustainable

Cannot continue at the same level or rate.

She added that the NHS faced an **unsustainable** staffing gap.

## Version

A particular form of something that is slightly different from other forms of the same thing.

We all have our own **versions** of what a hero is to us.

**Can you use them in your writing this week?**



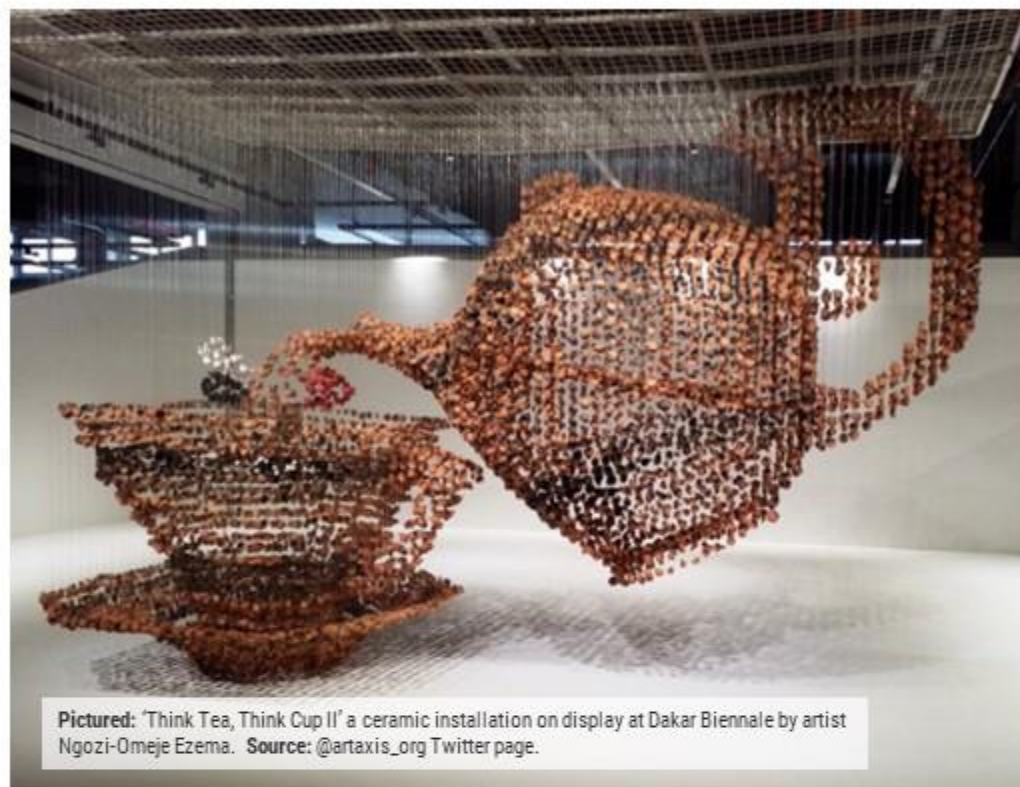
## Wild mammals making a comeback



Pictured: European Bison

It has been reported that wild mammals are making a huge comeback in Europe. After being on the verge of extinction, due to hunting and loss of their habitat, many species are increasing rapidly in numbers across multiple European countries. There are more than 30 times the number of European bison alive today than there were in 1960. Bison have shaggy brown fur, which is longer on the head, neck, and shoulders. There are more than twice as many Brown bears. Despite their enormous

size, Brown bears are extremely fast, and can run at speeds of 30 miles (48km) per hour. There are three times as many Eurasian elks. Elks, or Moose are the largest living deer species. Red deer have increased in numbers five fold. Red deer stags have antlers, which start growing in the spring and are shed each year, usually at the end of winter. The Eurasian beaver has made the most remarkable recovery. Its numbers have been estimated to have increased by 140 times since 1960!



Pictured: 'Think Tea, Think Cup II' a ceramic installation on display at Dakar Biennale by artist Ngozi-Omeje Ezema. Source: @artaxis\_org Twitter page.

## Dakar Biennale returns

One of Africa's largest modern art events, Senegal's 14<sup>th</sup> Biennale of African Contemporary Art, is underway in Senegal's capital Dakar, after being postponed due to the pandemic. Dak'Art, as it is also known, is a month-long celebration of art featuring the work of hundreds of artists from around the world, ranging from immersive installations to costumed performances. The creations

on display, including a floating teapot and a red swimmer, are expected to attract close to 300,000 visitors! The aim is to make art accessible to all, with art to view in many places including restaurants and hotels that have converted their walls into display areas. The theme for this year's Dak'Art is "Ī Ndaffa," which means "to forge out of the fire" in the Senegalese language, Serer.

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Scuba divers recover lost ring

Scuba divers from Bedford have found a missing wedding ring that was lost in the River Great Ouse in Bedfordshire! Emma Lyon was enjoying a day out with family and friends on the riverbank watching a boat race. As she cheered on a local team, her grandmother's almost 100-year-old wedding ring flew from her finger and fell into the river. Not ready to give up hope that the antique gold ring could be returned, she got in touch with Bedford Scuba Divers club to ask for their help.

They assembled a team of volunteers to search for the ring, and amazingly found it in one evening! Emma exclaimed, "I am just so, so grateful to everyone from the scuba club who gave up their evening to help out and cannot believe that Matt was able to find it. It was a total miracle!" She expressed her gratitude to the members of the club by taking them out for a drink to celebrate the return of the precious heirloom.



**Pictured:** Above left - Emma, pleased to have her ring back, with Matt from Bedford Scuba Divers. Above right - The scuba divers searching for the lost ring. **Source:** Bedford Scuba Divers Facebook page.

Last week's topic:  
**How important is it for us to have a sense of duty?**




It is very important to have a sense of duty because we should know what we are supposed to do. For example, finish your school-work within the given time.  
Samiksha - age 10

I think it is very important to believe and be proud in yourself, whether that means having a role that is important or just being proud in yourself.  
Ella - age 10

It is very important to have to bear your duties because if you do not do your duties then you will not be able to enjoy life properly. For example, I am a Faith Leader in my school, and I have to bear that duty respectfully. If I was to just ignore this job, then I would lose it.  
Noah - age 10

**Let us know what you think about this week's news?**

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# TAKEHOME



## Can anyone be a hero?



## In the news this week

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### Things to talk about at home ...

- > What is your definition of a hero?
- > Who are your heroes? Are they real-life people? Do you think our heroes should be real people or do you think it's okay to admire superheroes or characters too?
- > Do you have any experience of being treated by nurses or doctors or other staff in the NHS?

Please note any interesting thoughts or comments

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