

What's happening in the news this week?



Let's have a look at this week's poster!

18th - 24th July 2022



**Should there be more
rules for trampolines?**



Let's look at this week's story



A recent study, conducted by the British Medical Journal (BMJ), has found that trampolining is to blame for half of all activity-related UK Accident and Emergency (A&E) hospital admissions in under-14s. The report, published in the BMJ's Injury Prevention journal concluded, "trampolining is fun but potentially dangerous" after analysing 1.4 million trampolining injuries from around the world. Researchers found children were twice as likely to suffer broken bones or sprains when using trampoline centres rather than home trampolines.



Learn more about this week's story [here](#).
Watch this week's useful video [here](#).
This week's Virtual Assembly [here](#).



This week's story looks at events related to ...



How does it make me feel?



sad	angry	happy	confused	excited	worried	shocked	afraid
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified



Read through the information below, which explains the findings of the study.

What did the study find?

The results, published in the Injury Prevention article by the British Medical Journal (BMJ), showed that half of all A&E hospital admissions for activity-related injuries amongst under-14s in the UK are due to trampolining.

The report concluded that “trampolining is fun but potentially dangerous”.



Pictured: A typical trampoline park **Source:** J E Theriot

Why do so many injuries happen on trampolines?

The study found that more than three-quarters of trampoline injuries occur when two or more children are jumping at the same time and collide. Other common causes of trampoline injuries include falling on the trampoline mat, frame, or springs, and attempting somersaults or flips.



What are some of the recommended safety rules for trampolines?

The RoSPA (Royal Society for the Prevention of Accidents) has different guidance for trampolines at home and for those in a trampoline park. Below are some of their key safety points.

For trampolines at home: only one person using a trampoline at a time; always having an adult supervising and not allowing somersaults or risky, complicated moves – unless trained and highly skilled.

For trampoline parks: no lying down or sitting on a trampoline; always watching out for other jumpers; allowing smaller jumpers right of way and no mobile phones, other electrical items or objects in pockets at any time.

Are you surprised to hear that trampolines have caused so many injuries?



Look at the resource below, where some people share how they think trampolining could be made safer.

The trampoline we have in our garden has a safety net and padding all around it to help stop us from falling off or hurting ourselves on the metal frame.

Pranav – age 9

Nobody under 6 years old is allowed on the trampoline at my house. I don't think it is suitable for them as they cannot control their bouncing.

Uzma – age 35

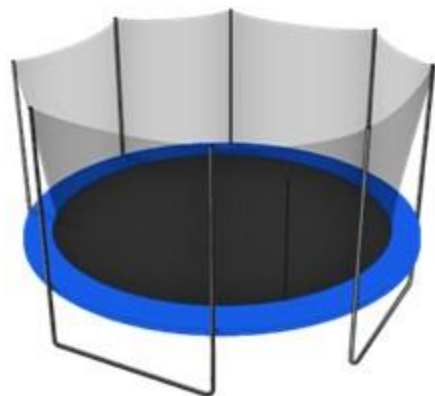
I work in a trampoline park. We have a number of rules to help keep our customers safe.

Amelia – age 23



Some of the rules found at trampoline parks

-  One person per trampoline
-  Always land on the trampoline, not the pads
-  Only single, forward-facing flips allowed
-  Land on both feet, your back or your bottom
-  Socks must be worn



We usually have a summer garden party. I ask that adults do not go on the trampoline at the same time as children as I think an accident is more likely to happen.

Edward – age 42

My cousin has a trampoline. When we visit her house, my parents will only let me go on it if they are there watching us.

Kimberly – age 6

Can you think of any other ways to make trampolining safer?



Look at the resource below, which shares some examples of different sports and activities and how people try to ensure they are as safe as possible.

Rock climbing

Rock climbing requires specialist equipment such as helmets, harnesses and ropes. If you have not climbed before, it is advisable to go with an experienced instructor, who can check equipment and teach you techniques. They will also know where is safe to climb and an appropriate level of challenge for a beginner.



Crossing the road

Knowing the Highway Code and some of the rules can help when crossing the road. It can tell us who has right of way (vehicles or pedestrians) and where it is safe to cross. We can often find pedestrian crossings positioned on busy roads, which help us cross safely. Adults at home may also have their own rules for you crossing the road.



For each, decide whether you think they are a low, medium or high risk activity.

Cooking

Many people enjoy cooking and baking but as it requires the use of hot ovens, hobs and sharp utensils, safety measures are often put in place. Children are usually supervised by an adult, knives are usually stored carefully and hobs often change colour to let users know they are hot. It is also important that food is prepared in a clean environment (work top surfaces disinfected, aprons worn, hands washed etc) and stored correctly to ensure it is safe to eat. Places selling food to others must follow certain food hygiene standards.



Hockey

People who play hockey competitively are required to wear shin pads and a gum shield to help protect them during training and matches. They must wear suitable clothing and trainers to play and often have a special kit they wear to matches. An umpire ensures rules are followed, such as no lifting the hockey stick above waist height, to help keep players safe.



Should more safety measures be put in place for high risk activities? Why?

Reflection



For any activity we take part in, there is an element of risk. It's important that we understand possible dangers and do what we can to protect ourselves and others.





Rule of Law

Places, like trampoline parks, have rules and adults in our home or at school may also set rules.

We are all responsible for following these rules and keeping ourselves and others safe.





UN Rights of a Child



Parents and guardians are the main people responsible for bringing us up. They consider what is best for us and may set rules to help keep us safe.



Useful vocabulary



Admissions

The process of entering or being allowed to enter a place or organisation.

...trampolining is to blame for half of all activity-related UK Accident and Emergency (A&E) hospital **admissions** in under-14s.

Blame

To feel or say that someone or something is responsible for a fault or wrong.

...trampolining is to **blame** for half of all activity-related UK Accident and Emergency (A&E) hospital admissions in under-14s.

Conducted

Organised or carried out an activity or task.

A recent study, **conducted** by the British Medical Journal (BMJ), has found...

Element

A particular part of something (such as a situation or activity).

For any activity we take part in, there is an **element** of risk.

Potentially

Possibly; it might develop or happen in the future.

"trampolining is fun but **potentially** dangerous"

Prevention

Stopping something from happening or stopping someone from doing something.

The report, published in the BMJ's Injury **Prevention** journal concluded...

Can you use them in your writing this week?



Pictured: The giant tennis ball mosaic. Source: Anna France-Williams @anna_fw Twitter page.

WaterAid Wows Wimbledon

The Wimbledon Foundation and WaterAid created a giant tennis ball mosaic near No 1 Court showing 10-year-old Tefy, from Antsakambahiny village in Madagascar, enjoying clean water. The design is to highlight how more than 11,000 children's lives could be transformed during the tournament with access to clean water. Because of the charity's work, Tefy now has clean water at school and near his home. He said, "We no longer fetch water down the hill anymore

since we have taps in our school. The water here is very clean and fresh." The amazing artwork created by artists from 'Sand in Your Eye' took 12 hours to complete. Finn, aged nine, and Darcey, eight, who are both part of the Wimbledon Junior Tennis Initiative, helped to put the final 100 balls into place. Finn said, "I can't imagine not having clean water. I love the mosaic and I think the work that WaterAid does to help children is really good."

The World's Largest Water Lily

Experts have found a new, giant, water lily species for the first time since 1837. Scientists at the Royal Botanic Gardens, Kew in London, announced that it had been hiding in plain sight whilst living among their other plants in their Herbarium for 177 years! It had been previously mistaken for a different species of giant water lily. The giant water lily, that grows in Bolivia, has been confirmed as a distinct species (using DNA analysis) and named Victoria

boliviana. The third species of giant water lily to be identified is also the largest, with leaves growing more than 3m wide! Some people think that the water lilies have grown so large so that they can compete with other plants for sunlight. "The lily pads could definitely take the weight of a young child," says Natalia Przelomska, a member of the research team at Kew Gardens.



Pictured: The world's largest water lily, being measured at Kew gardens. Source: Kew Science Twitter page.

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



Hurt Tortoise Finds New Hope

Chester Zoo's new special ploughshare tortoise, Hope, was rescued from smugglers and could now help save his species from extinction! The Madagascan tortoise was found in a suitcase at Hong Kong airport in 2019, with 56 other endangered tortoises. Upon inspection, it was discovered that one of his front legs was damaged and was thereafter amputated. To help him balance and get around, wheels were fitted to the bottom of his shell by a local animal rescue centre. The ploughshare tortoise is categorised as Critically Endangered - there are less than 300 in the wild. Zookeepers say that Hope's under-shell roller supports were upgraded whilst he was at Chester Zoo, and he is now moving around his new habitat even more speedily than his three tortoise companions. Chester Zoo tweeted, "This is three-legged ploughshare tortoise, Hope... the RAREST tortoise in the world. He was RESCUED from illegal smugglers after being snatched from the forests of Madagascar. Hope is one of the last of his kind, and he's here to help save his species from extinction!"



Pictured: Hope, the three-legged ploughshare tortoise.
Source: Chester Zoo Twitter page.

Last week's topic:
Is it important for everyone to have a hobby?



It is good to have hobbies because otherwise you could be bored. It is also a great way to make new friends!
**Class 2B –
Beamont Primary School**

Yes, because its not fun when you don't do anything and most people don't like being bored in their free time.
Emir

Yes, It is important to have a hobby because it motivates us.
Anshika

It is good to have a hobby because it is something that you enjoy and it will improve your mental health. You shouldn't be forced to do it because that takes all the fun out of it.
Bella

Let us know what you think about this week's news?

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TAKEHOME



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Things to talk about at home ...

- Share your own experience of using trampolines. Have you visited a trampoline park or used trampolines in a garden or home? Do you enjoy using them?
- What is your response to the study? Were you surprised to hear that trampolining causes so many accidents?
- Have you ever had an accident resulting in an injury? What was the cause?
- Do you think there should be rules for trampolines?

Please note any interesting thoughts or comments

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